



Ann Quiring

Ann Quiring has been working for nonprofit companies since 2007 after moving to Moseley from her hometown of Raleigh, NC in 2006. She began working at the Midlothian YMCA in the aquatics department and has worked with the Active Adults program and Wellness departments ever since. In 2012, Ann was approached by the board president for FC Richmond Soccer Club about taking on a new project: serving as its manager of charitable gaming. This is FC Richmond's largest fundraising project to date and currently operates two evenings a week. Ann will tell you that it is equal to the full operation of a small business - requiring all the same elements of dedication to be successful. What this means now is that Ann is managing three nights of charitable gaming each week: two for FC Richmond and one for River City Loves Kindness.

River City Loves Kindness was started in memory of founder Ann's parents, Ed and Priscilla Condyles. Priscilla was diagnosed with ALS in 2012 after two years of countless medical appointments. Once she was referred to the ALS clinic at the UVA medical center, she received wonderful care that added to her quality of life as her body deteriorated over a three-year period. Ed passed away from heart failure after years of requiring many heart surgeries at the McGuire VA hospital. Ann believes that the kindness and quality care he received at McGuire VA hospital added ten years to his life. Ann felt fortunate to be her parent's helper and guide during these years. There were always days of unrest, frustration, sadness, but also comic relief and joy over the smallest victories or hurdles avoided. Ultimately these experiences built Ann's passion for ensuring that elders in our community live with dignity, happiness, and the help they need to navigate complex issues related to aging and health.

What else would Ann say? "Time is precious, spend it with the ones you love!"

